### **Domestic Violence Warning Signs**

#### Are You:

- Afraid to say what you think to your partner?
- Fearful of or regularly nervous around your partner?
- Feeling like you can't do anything right?

#### **Does Your Partner:**

- Hit, shove and/or slap you?
- Keep you from seeing family or friends?
- Control your access to money?
- Put you down or call you names?
- Act jealous and possessive?
- Make you perform sexual acts that make you uncomfortable?
- Intimidate you with guns, knives or other weapons?
- Threaten to or has harmed your pets?
- Threaten to hurt or kill you, your children, your loved ones and even themselves?

If you answered yes to any of the questions above, you may be in an abusive relationship. We can help.

### Help #endDVinNJ

Please consider a donation to the New Jersey Coalition to End Domestic Violence to support all victims and survivors of domestic violence.

We can end domestic violence together for everyone in our state.

Visit www.njcedv.org to donate securely online or you may send a check to:

NJCEDV 1670 Whitehorse-Hamilton Square Road Trenton, NJ 08690



P: 609-584-8107 F: 609-584-9750

Facebook.com/NJCEDV Twitter.com/NJCEDV

## NEW JERSEY COALITION TO END DOMESTIC VIOLENCE

www.njcedv.org



1-800-572-SAFE (7233) Statewide Hotline

Providing leadership, support and resources on the prevention of domestic violence for all victims in New Jersey

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### **Domestic Violence?**

Domestic and dating violence are defined by a pattern of abusive behaviors used to establish and maintain power and control over another person. This abuse can affect intimate partners in a current or past relationship as well as current or former household members.

The violence can be physical, sexual, emotional, financial, or psychological. It can include any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.

Domestic and dating violence can happen to anyone - regardless of race, age, sexual orientation, gender, religion, ability, community, or socioeconomic status.

#### It's important to know that:

- Everyone is affected by domestic violence.
- No one deserves to be hurt.
- You are not responsible for the violence and abuse.

## **Get Help**

To find a domestic violence program near you and a comprehensive list of statewide services, please visit our new website:

# www.njcedv.org

or call:

### 1-800-572-SAFE (7233)

NJ Statewide Domestic Violence Hotline (All calls are confidential and help is available 24 hours a day, 7 days a week.)

#### **Other Important Resources:**

National Domestic Violence Hotline 1-800-799-SAFE (7233)

New Jersey Coalition Against Sexual Assault 1-800-601-7200

> National Dating Abuse Hotline 1-866-331-9474

## **Choices & Options**

If you or someone you know is in an abusive relationship, call your local domestic violence program to get help from a trained advocate. Our programs are committed to serving all victims of domestic abuse and their children, and can assist with:

- Safe shelter
- Safety planning
- Crisis intervention services
- Legal information and understanding your rights
- Information and referrals
- Access to other resources such as:
  - Counseling
  - Housing
  - Education
  - Childcare

There are resources available for you and your children.



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